

LeadDev Berlin 2025

Jenny Warnke

No Promotion.
Now what!?

Imagine





Who am I without this promotion?

Who am I without this promotion?

Is it me or the company?

Who am I without this promotion?

Is it me or the company?

Should I stay or should I go?

Now what!?



30-day bounce back plan



30-day bounce back plan

01

Emotional first aid



30-day bounce back plan

01

Emotional first aid

02

Get clarity why the promotion was denied



30-day bounce back plan

01

Emotional first aid

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Get clarity why the promotion was denied

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Reframe success beyond the title



30-day bounce back plan

01

Emotional first aid

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Get clarity why the promotion was denied

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Reframe success beyond the title

04

Next steps - beyond the 30 days

Conclusion

Conclusion

Emotions are part of rejection

Conclusion

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30-day bounce back plan

Conclusion

Emotions are part of rejection

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Growth opportunity

THANK YOU

Connect with me on LinkedIn:

Jenny Warnke

