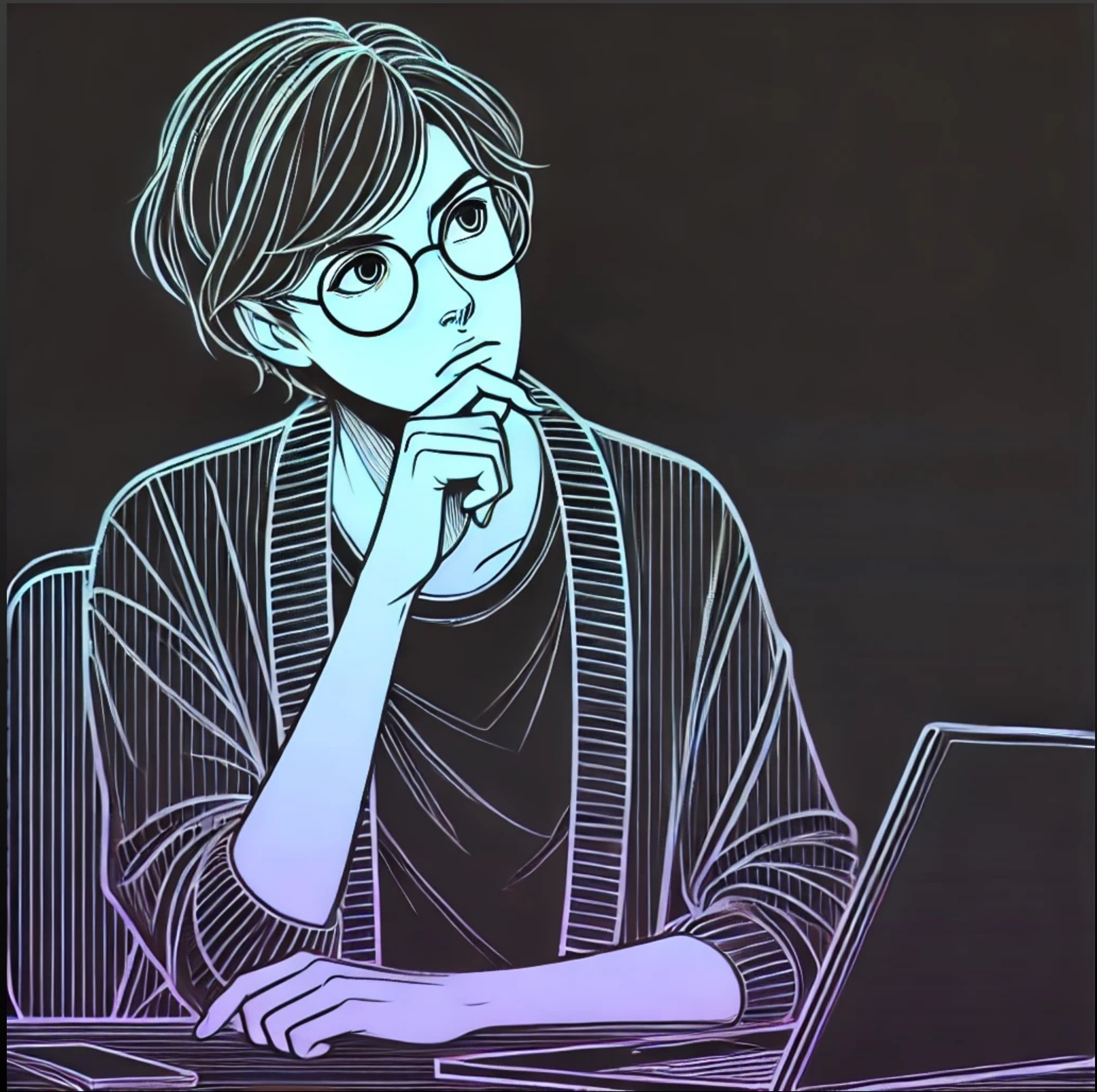


Debugging Self-Doubt: A Framework for Building Confidence

Natalia Nazaruk



Confidence Debugging Framework

Identify → Isolate → Fix → Deploy → Monitor

Monitor

Identify

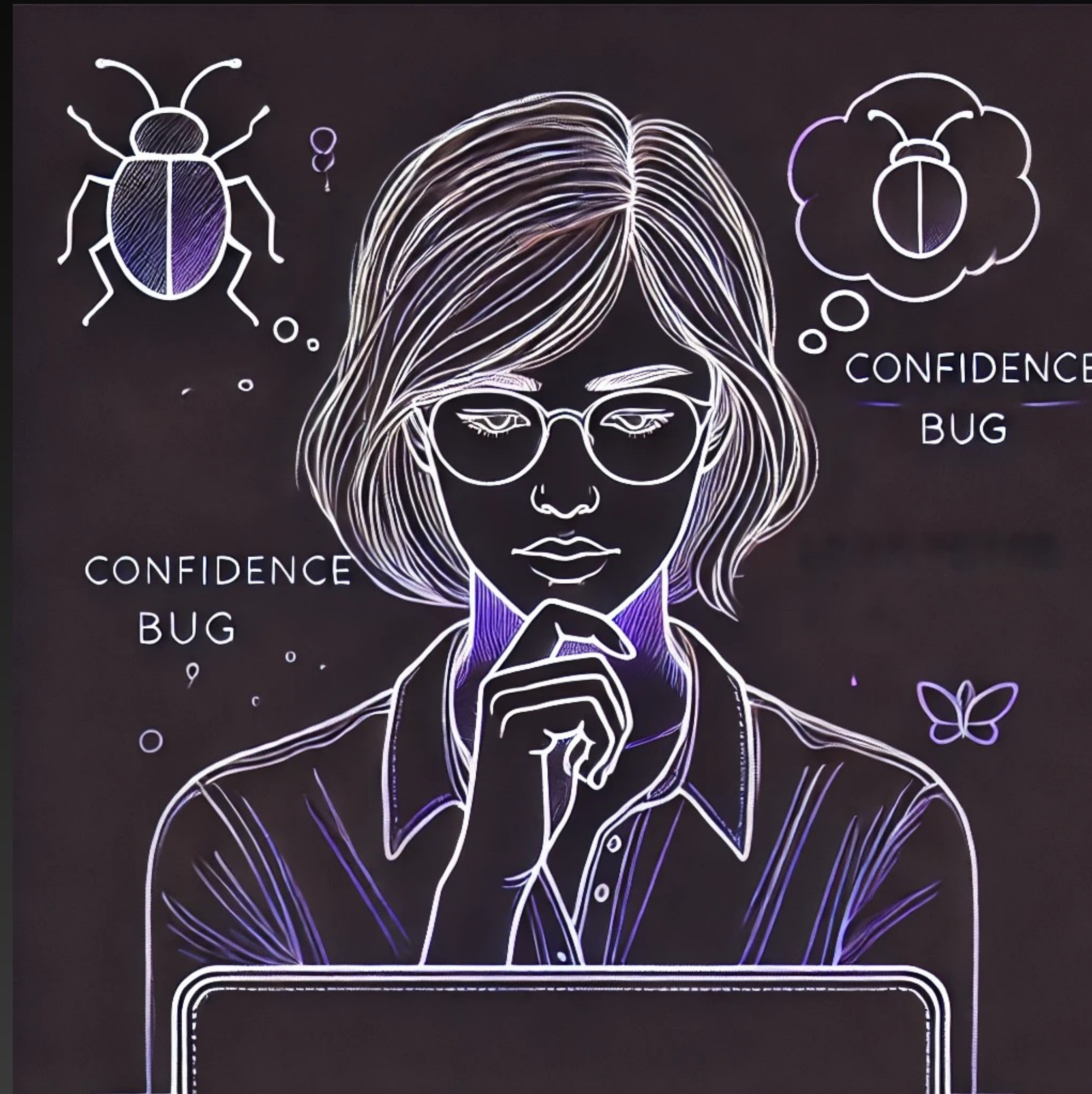
Deploy

Isolate

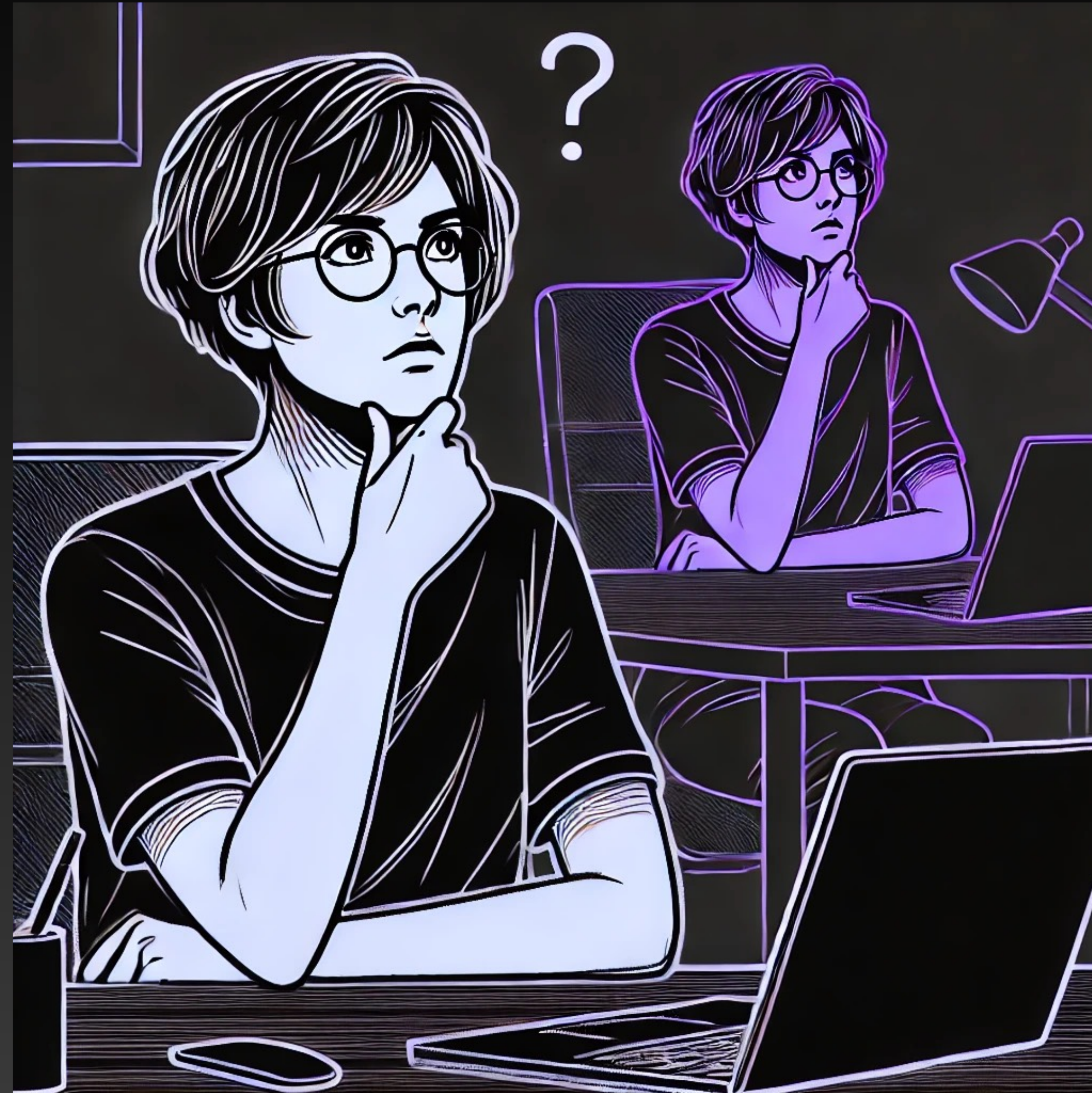
Fix



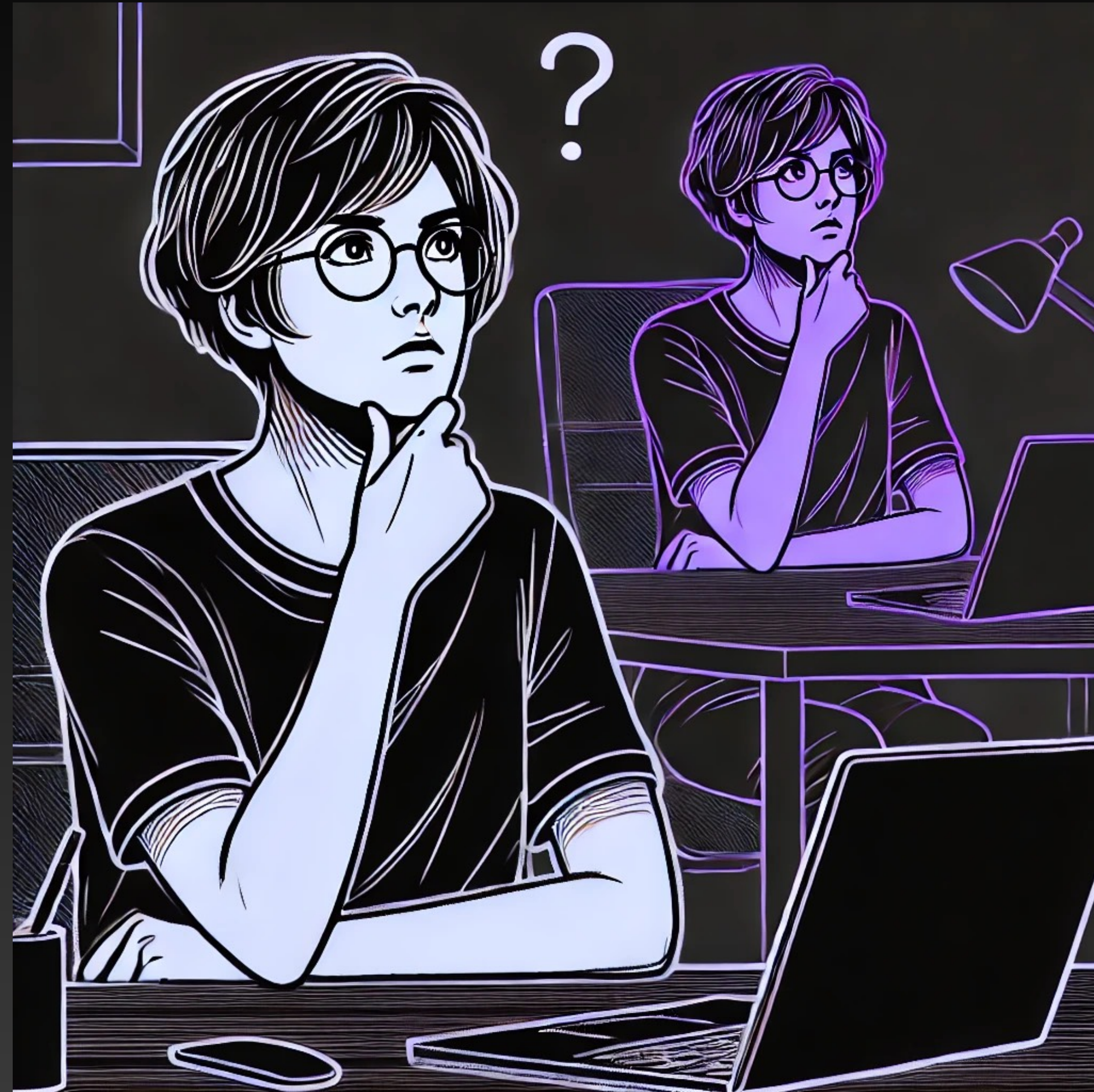
Step1: Identify



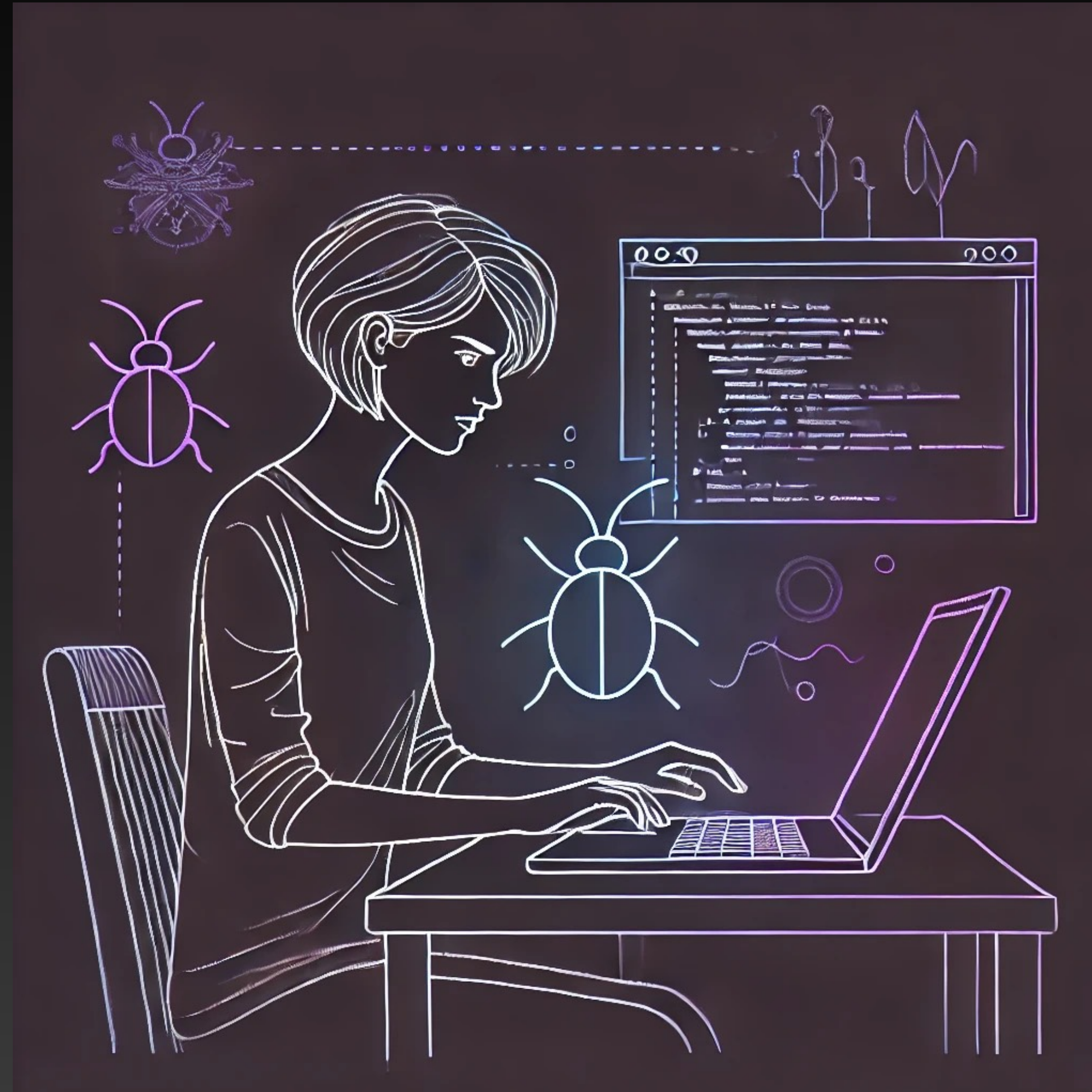
Step 2: Isolate



Step 2: Isolate



Step 3: Fix



Tip 1:

Define Your Confident Persona

**Who am I when I feel truly
confident?**

**Who am I when I
feel truly confident?**

Developer -> Team Lead

or...

EM -> IC?

**How does my confident
self look?**

Tip 2:

20-Second Bravery Rule

Meeting?

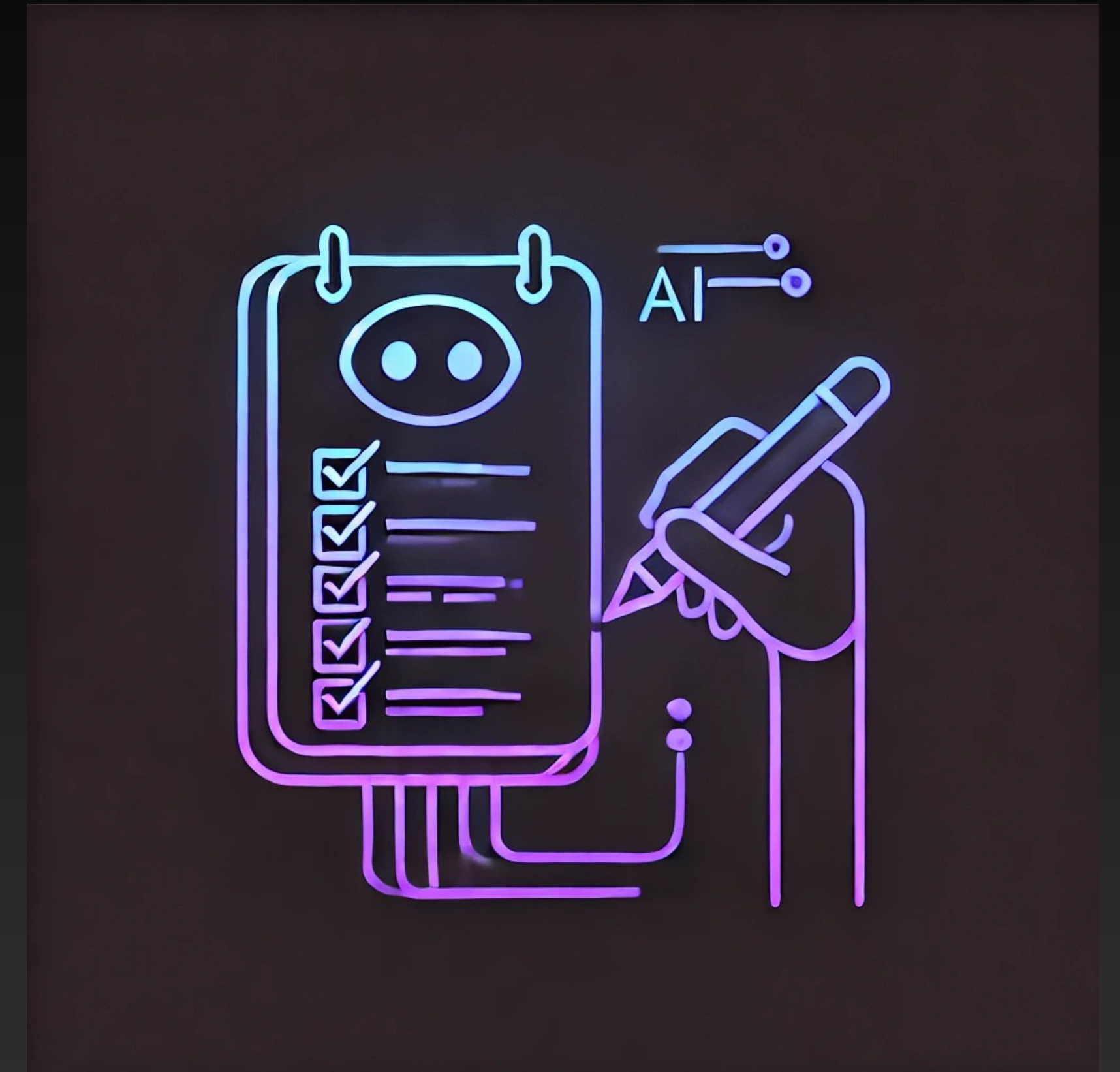
Presentation?

Promotion?

Tip 3:

Confidence Logging

- **Small wins**
- **Finished projects**
- **My team success**
- **Started initiatives**



Tip 4:

Celebrate Your Colleagues' Wins

Confidence grows in community
- just like team spirit.

Why not me?

~~Why not me?~~

Congrats!

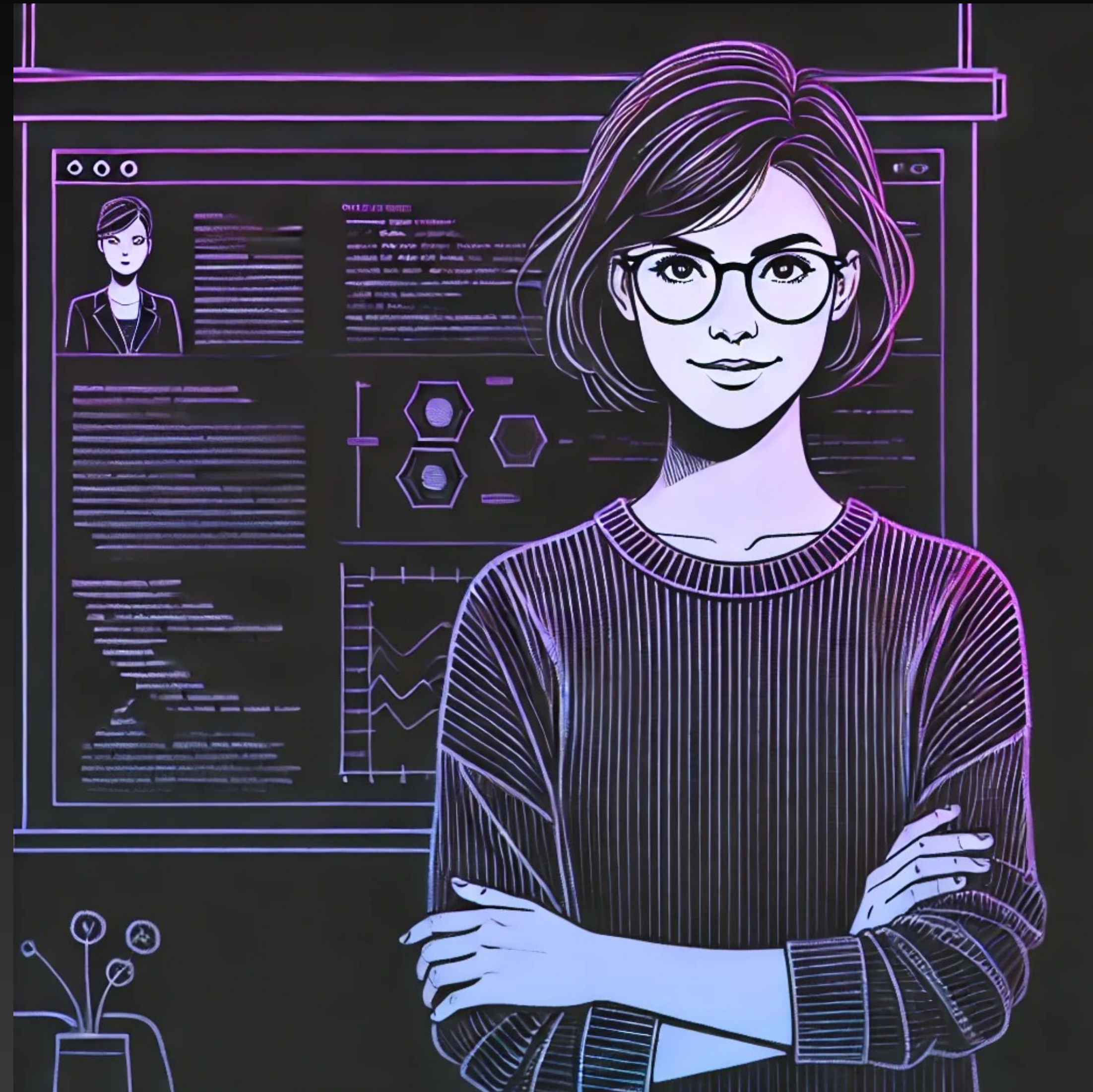
Can you show me how?

Tip 5:

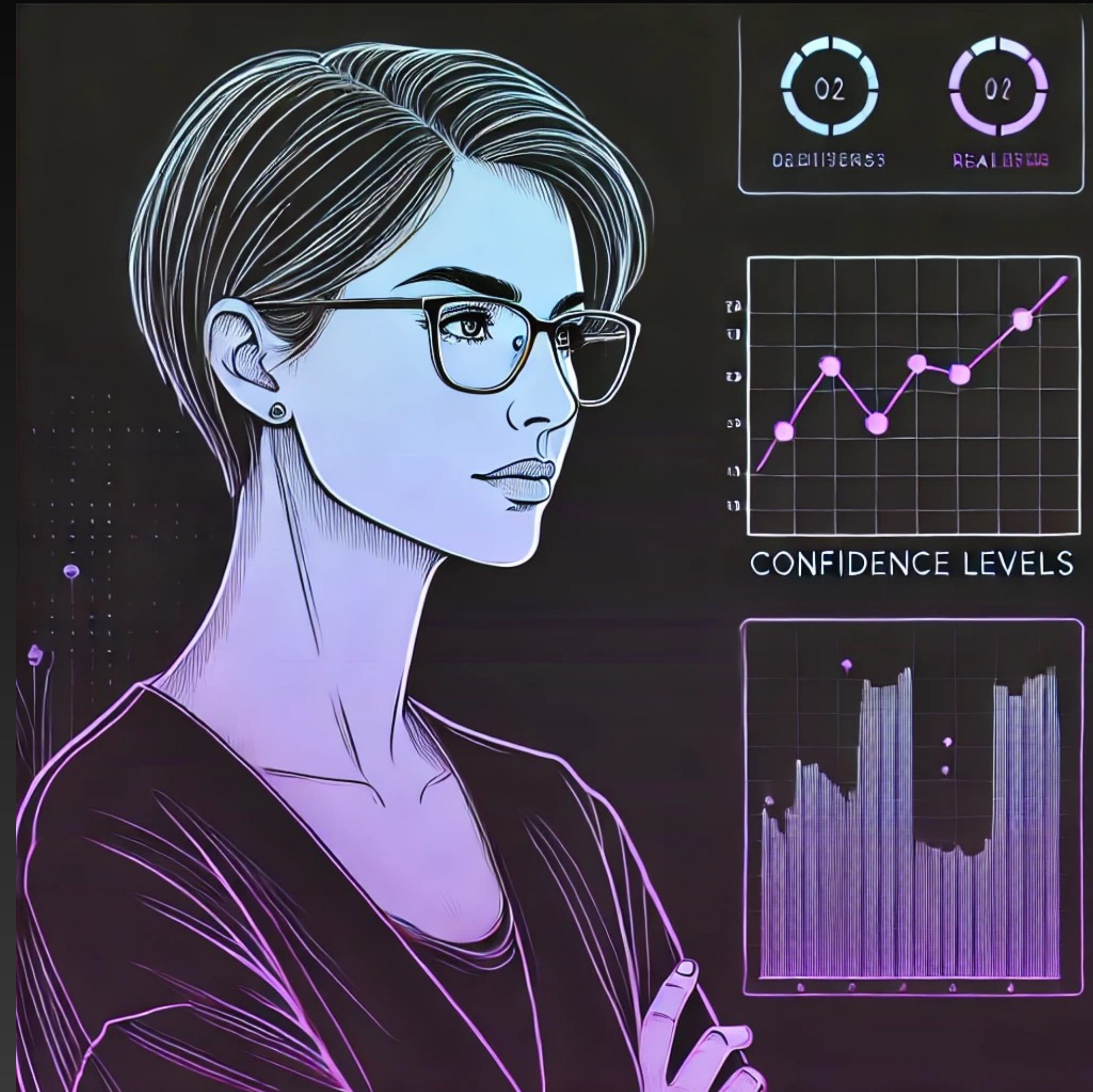
Regular Confidence Retrospectives



Step 4: Deploy



Step 5: Monitor



Monitor

Identify

Deploy

Isolate

Fix



```
git commit -m “Confidence Debugging Framework applied successfully”
```

```
git push origin main
```


Thank you