# Couples Therapy

for product & tech



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ME



Why is a product person talking to a room full of tech people about the value of the product and tech relationship?

After my first job I was recommended into every project/role/job by a tech person.

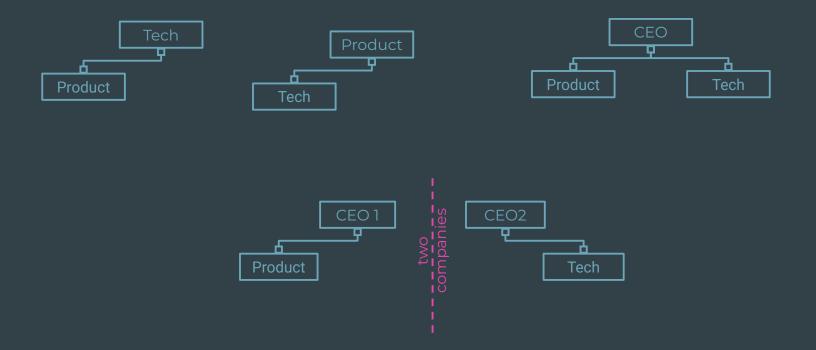


#### Tech let me in

Arms wide open

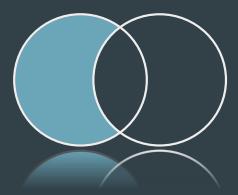


# Build the right thing Build things right



#### We are in a relationship!

Let's make it a good one



1st dates

Exploring each others values & life plans



# Brains in sync

The sum is greater than its parts





# Build the right thing WHAT?

Build it right
HOW?



#### The WHAT

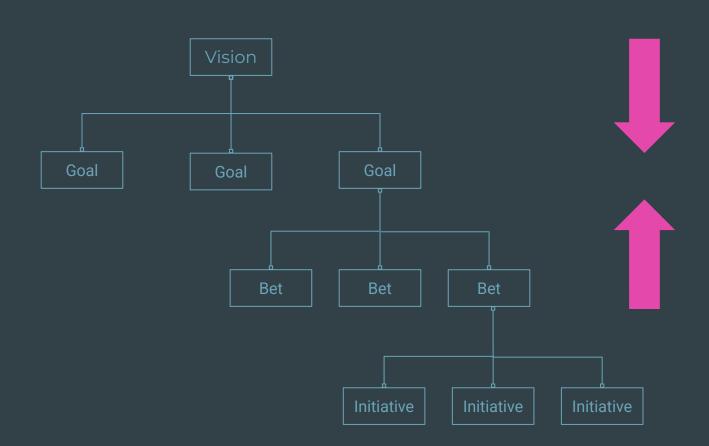
All roads lead to Rome - how far away are we?



Data Viz project: Roads to Rome by Benedikt Gross et al

#### Lean

Value Tree



# Principles

My favorite example:

Decisions are being made where the experts are



#### Let's discuss that on a meta level

How do we want to do this?



### Storytelling

Story is how our brain makes sense of things.

We needed to collaborate to survive. Therefore we had to imagine future invisible outcomes and make them shareable



#### Pairing

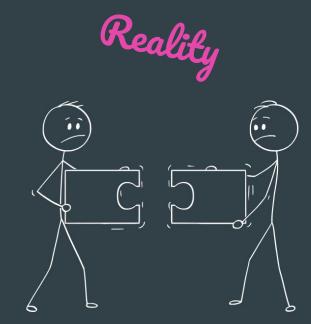
During development we pair to think through complex problems, find the best possible solution, share knowledge and enhance quality.

In product/tech leadership this works to. And you automatically practise the story.



#### 2nd phase of a relationship

Theory meets Reality

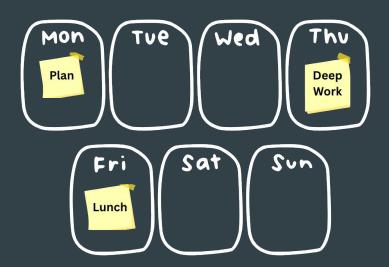


# Date night

Keeping things fresh Creating space together



#### Put it in the calendar



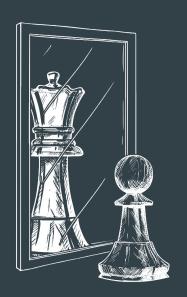


# The small moments matter too



# My favorite format

The Escalation Retro



### Kyudo

A story about leadership alignment



# Asynchronous

FTW





#### Steps

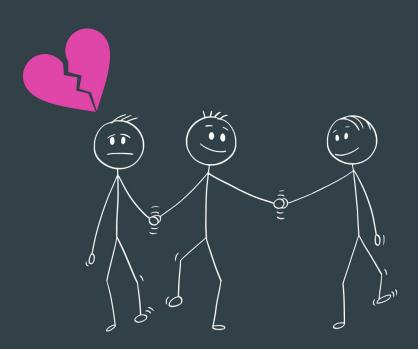
for a great relationship aka brain synchronicity

- 1. Make space for it
- 2. Create a common base
- 3. Continuously inspect & adapt
- 4. Make space for it



#### Al

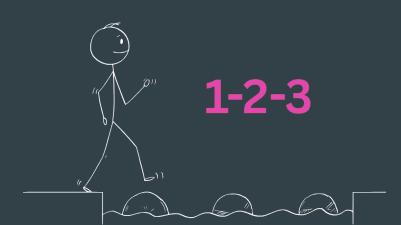
The unexpected guest



#### Steps

#### you know by now

- 1. Make space for it
- 2. Create a common base
- 3. Continuously inspect & adapt
- 4. Make space for it







All images created in Canva with and without Al